# THE RIGHT CLICK: INTERNET SAFETY MATTERS

## Useful contacts and further information:

In the first instance, children should talk to an adult they trust, parents or teachers.

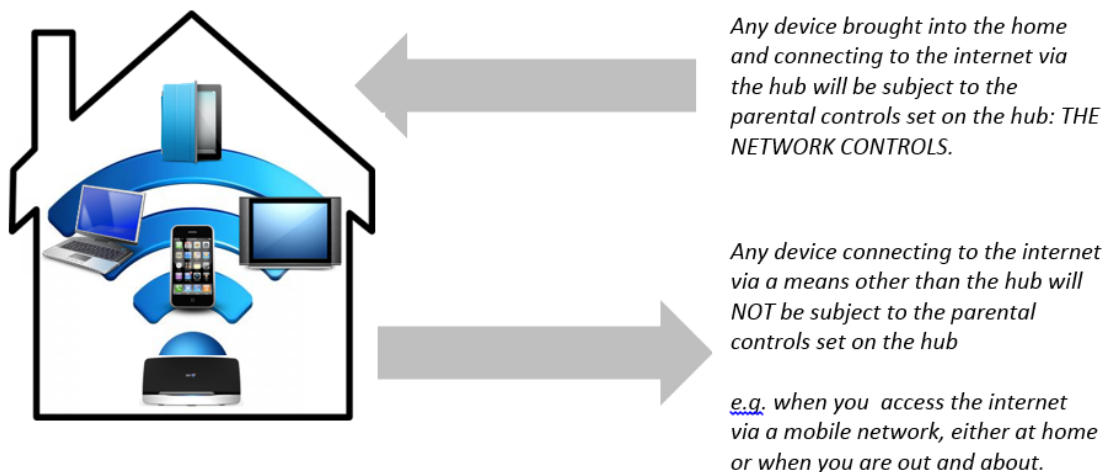| | |
|---|---|
| **CHILDLINE**<br>**www.childline.org.uk**<br>Children can call<br>0800 1111 | ChildLine is a private and confidential service for children and young people up to the age of nineteen. You can contact a ChildLine counsellor about anything. Call free on 0800 1111, have a 1-2-1 chat online or send an email. |
| **NSPCC**<br>**http://www.nspcc.org.uk/**<br>Adults can call<br>0808 800 5000 | The NSPCC works to protect children, prevent abuse and transforms society so it's safer for all children. If you are worried about a child you can contact trained helpline counsellors for 24/7 help, advice and support. |
| **CEOP**<br>**http://ceop.police.uk/** | Look for the 'ClickCEOP' button if you need immediate help or want to make a report about sexual abuse online. The CEOP Command of the National Crime Agency protects children from harm online and offline in partnership with local and international agencies. |
| **ANTI-BULLYING ALLIANCE**<br>**http://www.anti-bullyingalliance.org.uk/** | The Anti-Bullying Alliance has a page of tips and resources for parents, teachers, and children - including 'top tip' sheets and lesson plans. |
| **IWF**<br>**https://www.iwf.org.uk/** | The Internet Watch Foundation provides the UK internet Hotline for the public to report criminal online content in a secure and confidential way.<br><br>The Hotline service can be used anonymously to report; child sexual abuse images hosted anywhere in the world, criminally obscene adult content hosted in the UK and non-photographic child sexual abuse images hosted in the UK. |
| **INTERNET MATTERS**<br>**www.internetmatters.org** | Internet Matters is a not-for-profit organisation set up by BT, Sky, TalkTalk and Virgin Media that offers impartial online safety advice and comprehensive links to the best the internet has to offer in terms of online safety matters.<br><br>This is a great place to start learning about internet safety and covers topics such as cyberbullying and sexting as well as advice on technology, such as parental controls and mobile devices. |

**Link to the full CEOP video**

If you want to watch the full 'Jigsaw' video on the CEOP site, please visit this website:
**https://www.thinkuknow.co.uk/parents/Support-tools/Films-to-watch-with-your-children/Jigsaw_original/**

Alternatively, you can type CEOP Jigsaw into a search engine, like Google, and it should be one of the first results.

## Parental Controls: Network and Device Level Controls

You may have heard or read about 'Network' and 'Device' controls. It is worth familiarising yourself with what these are and the differences between them. The diagram below gives a summary of what they are and how they work.



Any device brought into the home and connecting to the internet via the hub will be subject to the parental controls set on the hub: THE NETWORK CONTROLS.

Any device connecting to the internet via a means other than the hub will NOT be subject to the parental controls set on the hub

e.g. when you access the internet via a mobile network, either at home or when you are out and about.

It is recommended that you switch controls 'on' for each device in your home. These are called DEVICE CONTROLS and will work if the device is taken out of the home or disconnected from the Wi-Fi at home.

It is recommended that you activate both NETWORK and DEVICE controls.

**All internet enabled devices have parental controls; check the settings for every device.**

## Parental Controls on Windows

You will find Parental Controls under the 'Control Panel' or 'Settings' on Windows devices. Windows 7, Windows 8 and Windows 10 all look slightly different. Click on the 'Microsoft Help' button if you have any difficulty.
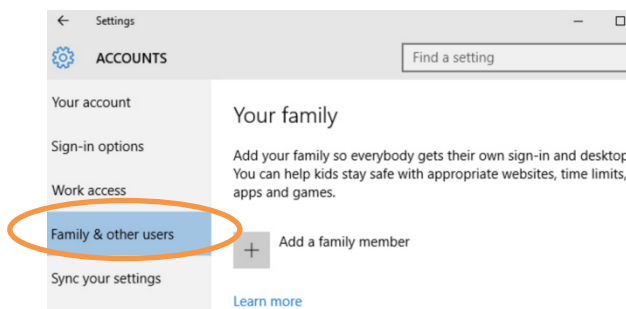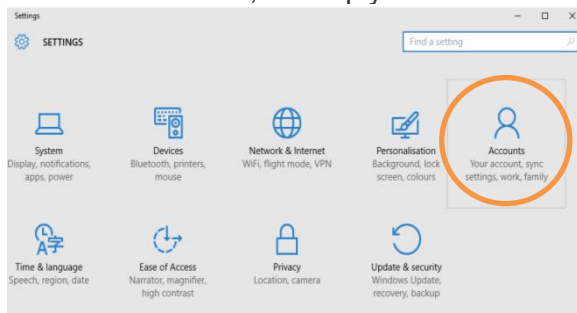
### Windows 7



### Windows 8



### Windows 10

Click 'Accounts', and then click 'Family and Other Users' in the left side panel. From here, you can either add a new family member, which gives you the option to set parental controls on your children's accounts, or simply add a new user.
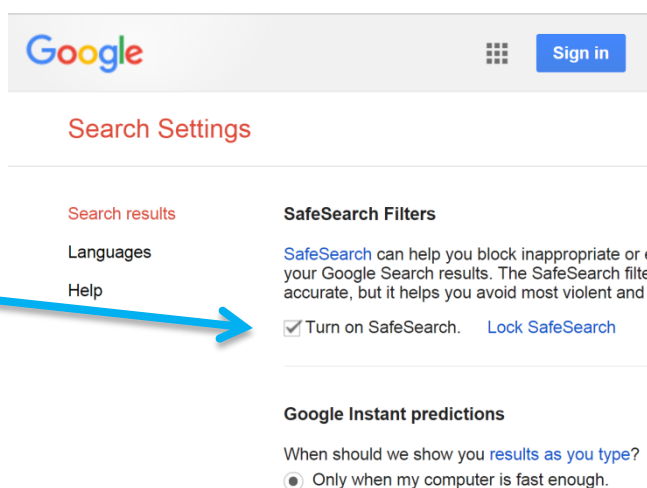
## Google SafeSearch

Click Settings at the bottom of the page, then click 'Search Settings' in the pop-up menu.
NB: Some older versions may have a cog at the top right hand corner of the Google screen – click on it and Search Settings will show up.

When you click on Search Settings, you get to this page and you can simply choose 'Turn On SafeSearch'.
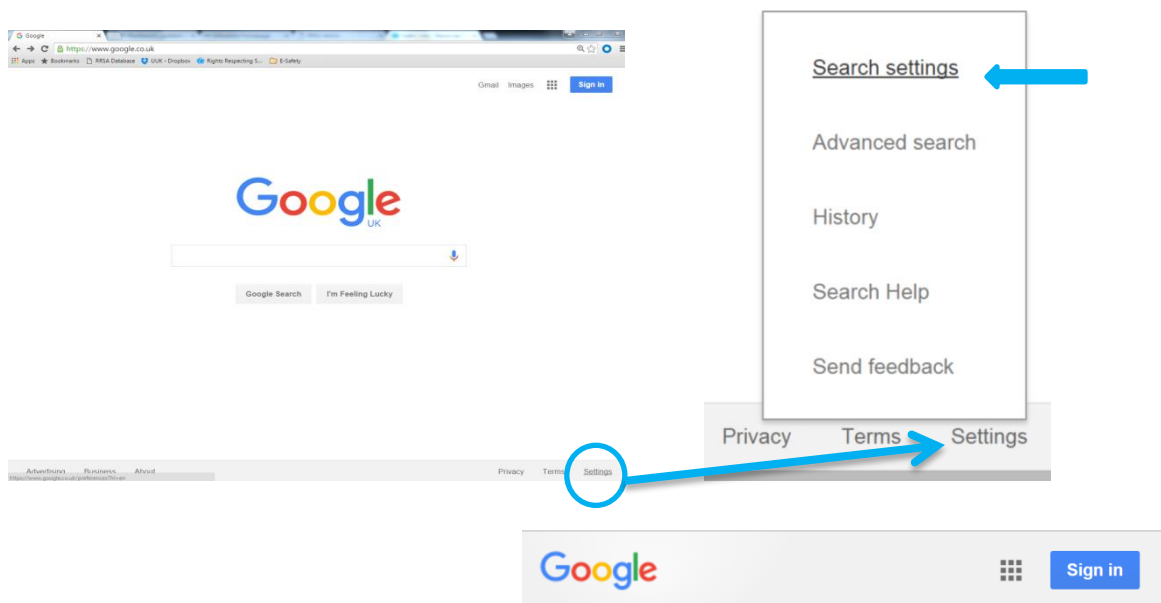


**Ensure that this box is checked to turn SafeSearch on.**



You will see that there is an option to **'Lock SafeSearch'**, which means that another user cannot change the settings you have chosen – unless of course they know your password. You can only do this if you have a Google account.

Remember that you need to do this on every device with which you use Google, and if you have different user accounts, with each user account.

## YouTube

'Restricted Mode' is an opt-in setting that helps screen out potentially objectionable content that you may prefer not to see or don't want others in your family to stumble across whilst enjoying YouTube. You can use this as a parental control setting for YouTube.
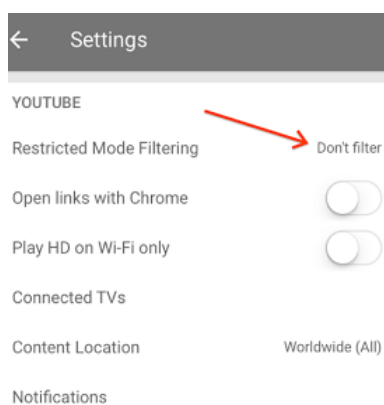
### On a PC/Laptop

Scroll to the bottom of the home page and click to turn the 'Restricted Mode' on. On Mobile Site and Android TV, it is referred to as 'Safety Mode'.
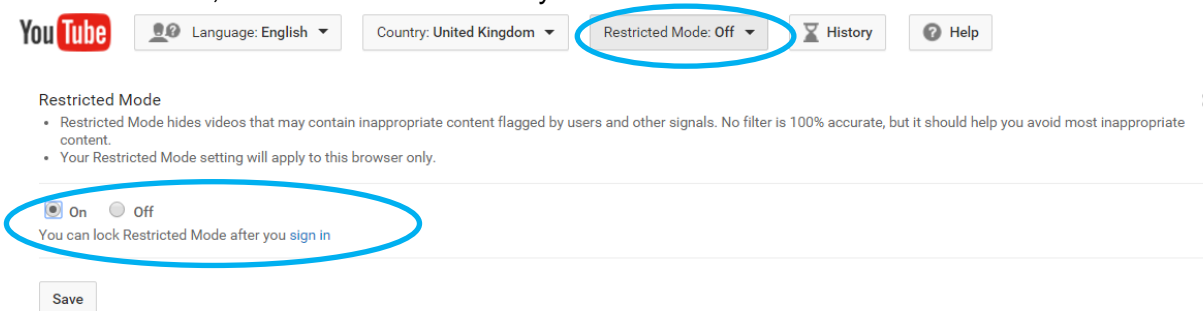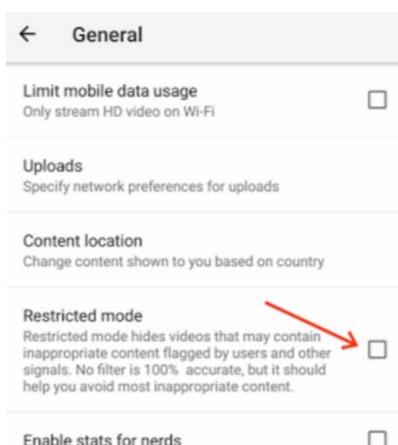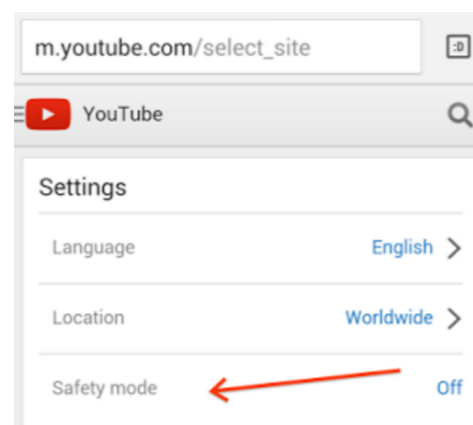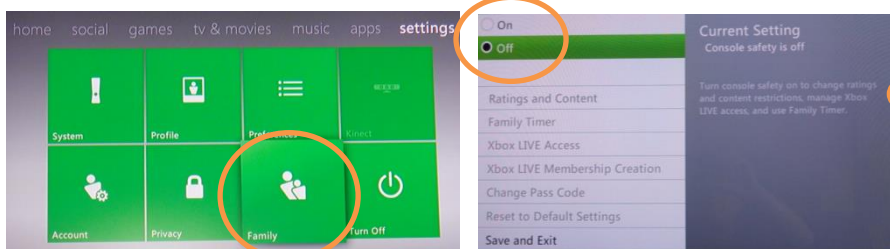


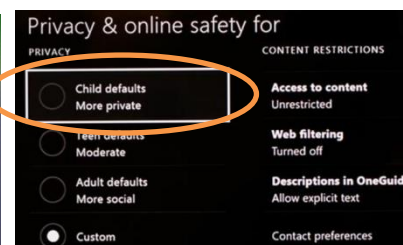**Android**          **iOS**          **Mobile site**



### Popular Games Consoles

Here are just a few examples of how to change the settings on some of the most common game consoles. Settings for additional gaming consoles can be found via internet search engines and **www.internetmatters.org**. *See final page for information on Pokémon Go.*
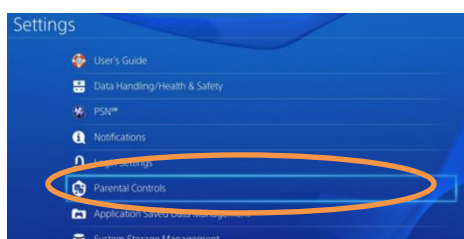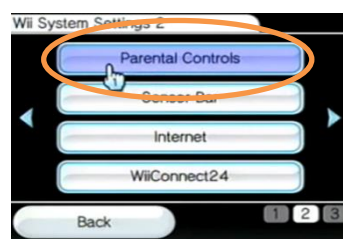
**XBOX 360**        **XBOX ONE**



**PS4**        **Wii**

## Mobile

Mobile phone providers have different options for controlling privacy and usage, filtering content, and location and monitoring settings. These can include:

- **Usage controls**: Allow parents to turn off features, such as downloading videos or images, texting, and accessing the Internet. These controls can also be used to limit the number of calls or texts and set time restrictions.
- **Content filtering:** Can block certain websites to allow for safer mobile browsing on the Internet. Some filters can also limit videos and other multimedia.
- **Location and monitoring settings:** Allow parents to track their child's whereabouts using GPS systems that are built into the phone.

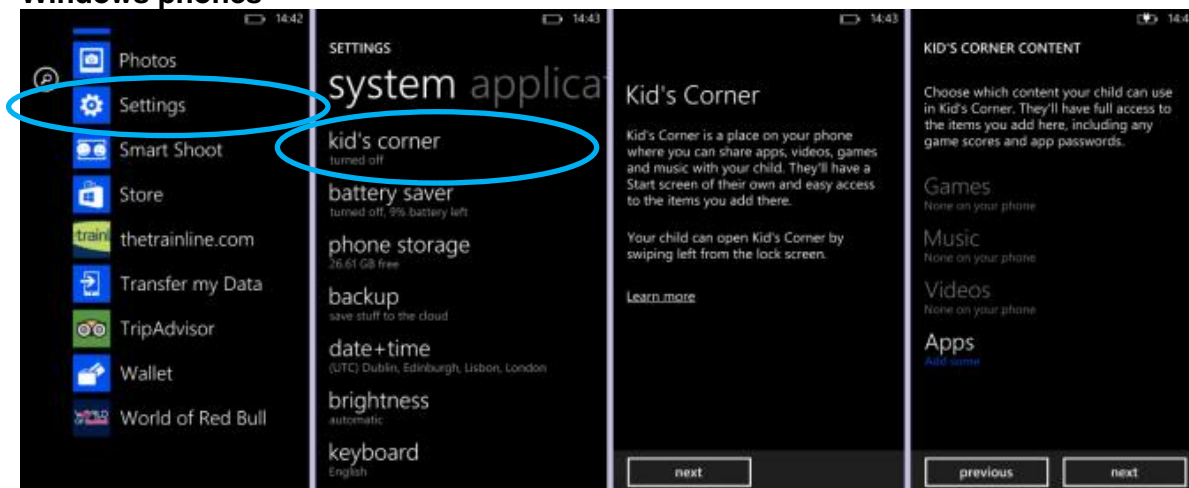### Android phones

Go to 'Settings', then 'Users', where you can create a restricted profile and restrict to certain applications.
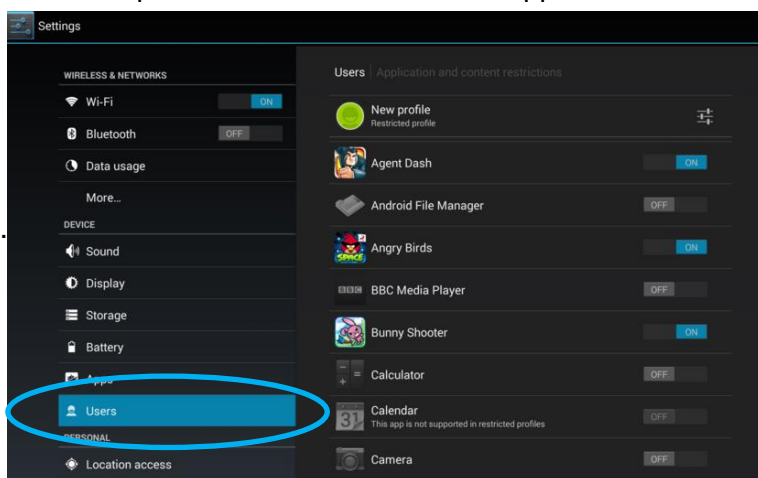


### iOS phones



### Windows phones



## Kindles

Like other mobile devices, Kindles and eReaders have parental control settings which can be activated. Search engines can provide the steps required and **www.internetmatters.org** is also a good reference site.

## Privacy settings on Facebook

There are 2 versions of Facebook; one with an arrow (the top one) and one with a cog (the bottom one). Both take you to the same place, and once you are there, the settings are the same. By following the steps below you will be able to adjust your settings easily.
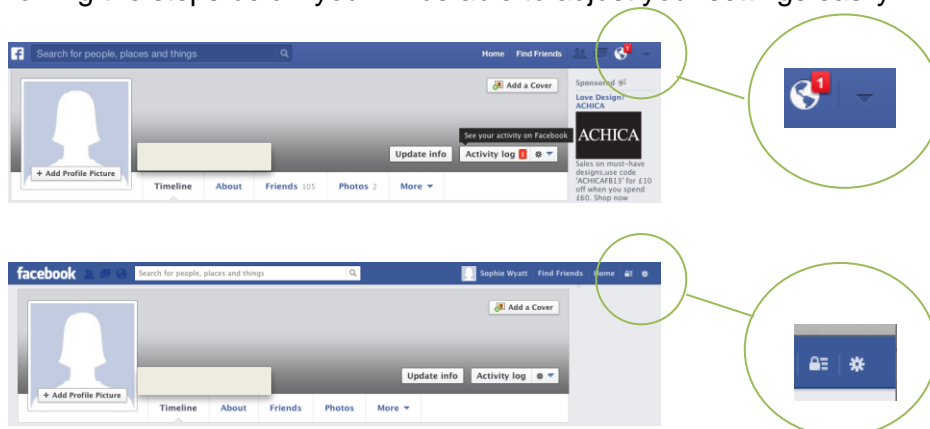




Once you select 'Privacy', you will be able to edit your settings and control who can see your posts and timeline.



Accounts for young people under the age of 18 automatically have some privacy settings in place. Sensitive information, such as their contact information, school and birthday, will not appear in a search to a public audience. The initial audience of their first post is set to "friends" but they have the choice to post 'publicly'. However, they will see a warning that the post can be seen by anyone.

Location sharing is off for young people by default, but can be turned on by themselves or an adult. If this happens, Facebook includes a consistent indicator that serves as a reminder that they are sharing their location.

It is worth remembering that if you join a Network on Facebook, your name and photo will be available to anyone looking at that network.

Settings can be altered to unfriend someone or block someone from your Timeline. Both can be done by navigating to their timeline and clicking on the 'gear' icon on the right hand-side, and selecting either "Unfriend" or "Report/Block".

## Other Social Media

Other social media websites and apps will have guidance on how to change privacy settings on their sites. Settings can also be found via internet search engines and **www.internetmatters.org**.

## In-App Purchasing

Parents often worry about their children running up huge bills using apps on their devices, but there are things you can do to minimise the risk:

- Many smartphone and tablet applications rely on a 'freemium' model to make their money. The application itself might be free but various add-ons will be offered to you as in-app purchases;
- Apple and Google, the biggest vendors of apps, are being forced to make the 'true costs' of games clear;
- The easiest way to avoid unwanted costs is to turn off in-app purchasing and to ensure password settings are enabled and passwords are secure. It can be far too easy to run up huge bills, some in-app purchases cost well over £100.

### How to Switch In-App Purchasing Off

**Google Android**
Open the Google Play Store app and choose 'Menu' and then 'Settings'. Under 'User Controls', you'll find an option to 'Set or Change PIN'. Tap this and Android will ask you for a PIN. Type your chosen PIN, tap OK and then re-enter the PIN to confirm. Then tick the box next to 'Use PIN for purchases'.

Once you've done that, anyone who wants to make an in-app purchase on your device will need to know the PIN.

**Apple iOS**
The Restrictions menu in Apple iOS lets you control all kinds of things. You can send a password for in-app purchases or turn them off altogether. It's possible to prevent apps being deleted or installed and control access to age-restricted content.
To prevent in-app purchases in iOS, open 'Settings' then choose 'General' and 'Restrictions'. Then tap 'Enable Restrictions', choose a PIN and enter it a second time to confirm. Now you can set any restrictions from the menu below. In the 'Allowed Content' menu, slide 'In-app purchases' to 'Off'. More information can be found at **https://support.apple.com/en-gb/HT202023**.

**Amazon Kindle Fire**
The Kindle Fire is an Android-powered tablet, but the operating system has been modified by Amazon so the process for restricting in-app purchases is a little different. Start by opening the Amazon Appstore app. Choose 'Menu' and then 'Settings'. Then tap 'Parental Controls', choose 'Enable Parental Controls' and enter your Amazon password. If you'd prefer to choose a PIN, then tick the 'Use PIN' box.

## Pokémon Go

Pokémon Go is a free smartphone game craze that allows people to play a virtual game utilising real world locations.

Pokémon Go encourages outdoor play and social interactions which can be great for kids, but there are concerns for parents, such as stranger danger, safety outdoors, in-app purchases and mobile data use.

To get a better understanding of this new phenomenon taking the gaming world by storm, Internet Matters have outlined the key information you will need to know:
**https://www.internetmatters.org/hub/expert-opinion/pokemon-go-mobile-game-what-parents-need-to-know/**